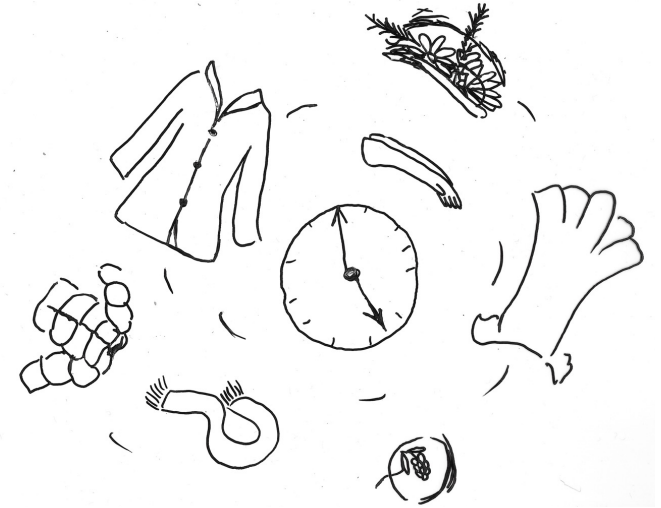




Fashion is having a devastating effect on our planet and many of the people who produce our clothes. The Fashioning Our World exhibition tells the stories of some of the clothes of the past and the ways they were repurposed, mended, and loved.

Can this inspire us to think differently about fashion in the future?

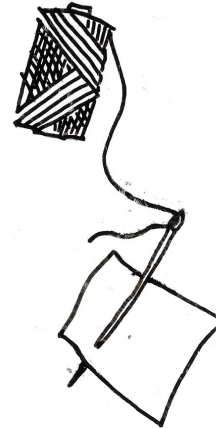


Fashion: thoughts for the future

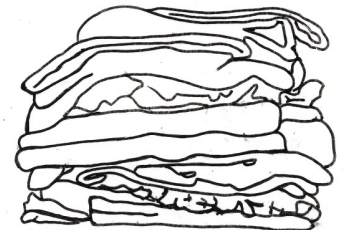
As we become more aware of the scale of the problems around the world caused by fast fashion, more people are thinking about how we can make changes.

Some practical tips to consider:

- Look after the clothes we have
- Alter, embellish or mend our clothes
- Give unwanted clothes to friends and family
- Choose to shop for second-hand clothes rather than new



315 garments are thrown away about every 20 seconds

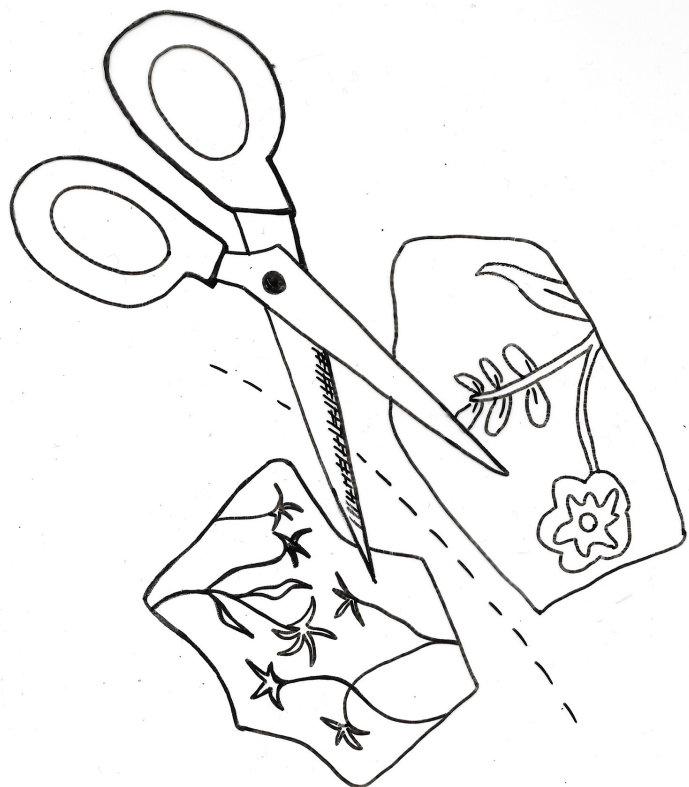


The above estimate is based on findings from a study carried out by Oxfam in 2009, reported by Sky News. <https://news.sky.com/story/throwaway-fashion-eleven-million-garments-end-up-in-land-fill-each-week-oxfam-claims-11797444>

Over the last fifty years, many of the skills highlighted in this exhibition such as altering, reusing, and mending clothes, have been forgotten. Recently, there has been a renewed interest in some of these skills and it has become popular to repurpose an item or mend a garment visibly to show that you are looking after your clothes.

Visible mending in three simple steps

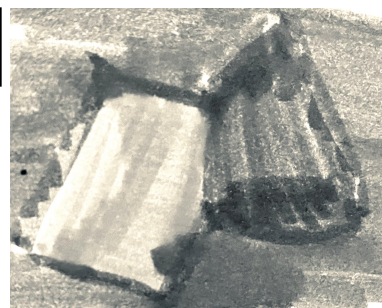
1. Take your fabric with a hole and place another piece of fabric at the back.
2. Lay other fabric patches over the top covering the hole. Pin all in place.
3. Stitch across all patches, securing them down.



1



2



3



Ideas and illustrations created by local young people, working alongside the museum team and experts, through the Fashioning Our World Project.